

DEPARTMENT OF SWASTHAVRITTA AND YOGA



Swasthavritta & Yoga is the Unique branch of Ayurveda which gives importance to both vaiyaktika (Personal) and samajika(social) swasthya.

* It deals with Prevention, Promotion, Cure and Rehabilitation of the body, mind and soul.

* We train our students to deal with life style modification by imbibing the concepts of Dincacharya, Rutucharya, Patya Ahara, Nidra, Bramacharya, Sadvrutta, Yoga and Manasika Swasthya.

* Our department having good quality of specimens, Models, Charts and other necessary equipments.

* We have separate Yoga Hall and demonstration room for the patients.

FACULTY



Dr.Suresh Rao Deshpande correctly working as professor and HOD in the department of SWASTHAVRITTA AND YOGA since 34 Years of experience conducted number of Seminars, workshops, yoga camps every year for the benefit of the public.

And also working as NSS programme officer since 18 years and every year conducting NSS special camps for 7 days in rural areas students benefiting with leader ship qualities and overall development students.

Dr.Suresh Rao Deshpande
Prof./HOD

Date of birth	Registration number	Teacher's code	Date of Joining
15-09-1959	10028	AYXX00089	02/11/2023

EDUCATION

* 1995 Completed UG BAMS from Taranath Government Ayurvedic Medical College, Bellary

PROFESSIONAL APPOINTMENTS

* Currently working as senior Professor in the department of Swasthavritta & Yoga at KPSVS Ayurvedic Medical College and Hospital, Manvi.

* 35 years Teaching experience in Swasthavritta & Yoga subjects in KPSVS Ayurvedic Medical College and Hospital, Manvi.

DISTINGUISHED LECTURES

* Worked as a resource person for the district and state level.

OTHER ACADEMIC ACTIVITIES

* working as NSS programme officer since 18 years and every year conducting NSS special camps for 7 days in rural areas students benefiting with leader ship qualities and overall development students.

FACULTY



She is presently working as assistant professor in the department of Swasthavritta & Yoga. She has the ability to interpret Healthy life style into Practicality, Capable to write and guide others on scientific writing and also Capable to make students to learn actively through various subject related activities other than simple lecturing.

Dr.Priyanka
Assistants Professor

Date of birth	Registration number	Teacher's code	Date of Joining
05/07/1995	40185	AYSV00862	16/09/2023

EDUCATION

- * 2018 Completed BAMS from KPSVS Ayurvedic Medical College and Hospital, Manvi
- * 2022 Completed MD in the department of Swasthavritta & Yoga.

PROFESSIONAL APPOINTMENTS

- * Currently working as Professor in the department of Swasthavritta & Yoga at KPSVS AM College and Hospital, Manvi.
- * 1 years 2 months Teaching experience in Swasthavritta & Yoga.

OTHER ACADEMIC ACTIVITIES

- * Role of Vyayama in the prevention of life style disorders.